

The First Twenty-four Hours of a Child's Life.

By MISS M. A. HARVEY.

I once read that no special knowledge was necessary in the care of infants; that any woman knew that a baby should be kept warm, held right way up, and fed occasionally; nothing more was needed. It is probable that a great number of babies have lived on less care than that, but whether their existence was as happy as possible is another matter. Take the first

need of fastenings, the other clothes keeping in place.

3. A soft diaper and pilch, the latter made of Turkish towelling or flannel.

4. The long flannel.

5. The nightdress.

Other things necessary:—A bowl containing 10oz. of boracic lotion, in which have six or eight pieces of sterilised old linen about 2in. square.

Ligatures: The thread usually sold as lustrine makes better ligatures than the old-fashioned thread. Four of five strands, according to the



THE HAMMOCK BATH.

day of a child's life for instance, and it means hours of preparation, much care and forethought.

The clothes must be prepared, and concerning those same clothes a good deal of reform is needed, but until they are reformed the following is perhaps as good a list as any:—

1. A flannel binder, 4 in. by 20 in. This should be a strip of fine flannel with raw edges.

2. A woven or knitted woollen vest, with long sleeves and high neck, open all down the back, made so that the back wraps over without any

thickness of it, tied at either end and boiled, then kept till wanted in a solution of 1-60 carbolic. It is better to make six of these.

One yard of flannel for a receiver.

Immediately on the birth of the child the mouth should be well cleansed from mucus, &c., with pieces of the linen from the boracic lotion; then the eyes should be thoroughly cleansed. I find it saves confusion to use boracic for both eyes and mouth.

The cord will have ceased pulsating in a few

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